

INTEGRAL JEWISH MEDITATION

ר

REISH – AWE, WONDER

I AM BEHOLDING

I AM IN AWE

I AM WONDER

רֵאשִׁית חִכְמָה יִרְאַת יְהוָה, שֶׁכֶּל טוֹב
לְכֹל-עֹשֵׂיהֶם,
תְּהִלָּתוֹ עוֹמֶדֶת לְעַד:

**Reisheet Hokhmah Yirat Hashem
Sekhel Tov L'khol Oseihem
Tehilato Omedet La'ad
Reisheet Hokhmah Yirat Hashem**

*The beginning of Wisdom is Awe of the
Divine – good intelligence to all who
practice – Its Praise endures forever!*

- Psalm 111:10, Morning Liturgy (Scale b3 b6)